

# TRAUMA-INFORMED EDUCATORS TRAINING (TIEs)



## Why TIEs?

Interest in trauma-informed practice has grown significantly in recent years, but organisations are increasingly recognising that awareness alone is not enough. Embedding trauma-informed practice requires a whole-system approach and the internal capability to lead meaningful culture change.

**Trauma-Informed Educators Training (TIEs)** was developed to help organisations build that capability from within. At Rock Pool, we are passionate about helping organisations become the best they can be and creating change that is sustainable for the long term.



### Understanding Trauma

Develop a deeper understanding of developmental trauma, adult trauma, neurobiology and resilience.



### Embedding Trauma-Informed Practice

Translate trauma-informed knowledge into everyday practice, workforce wellbeing and organisational culture.



### Leading Sustainable Change

Equip delegates to deliver Trauma-Informed Practice Training, facilitate reflective practice and support organisational action planning.



## Benefits of TIEs training

- Become an internal trauma-informed champion.
- Embed trauma-informed practice across culture, systems and everyday practice.
- Build workforce confidence, consistency and compassion.
- Support staff wellbeing and reduce vicarious trauma.
- Turn learning into practical action plans.
- Create sustainable organisational change.
- Gain the knowledge and licence to deliver trauma-informed training within your organisation.



## Who is TIEs training for?

TIEs is designed for leaders, managers and practitioners across public, health and voluntary sector organisations with the influence to embed trauma-informed practice and support organisational change.

It is particularly relevant for those with responsibility for:

- Systems change
- Workforce development
- Practice supervision
- Safeguarding
- Commissioning services
- Quality improvement



*Looking to build trauma-informed capacity within your organisation?  
Get in touch to arrange a conversation about your needs.*

admin@rockpool.life • 01803 659 191 • rockpool.life

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## Evidence of impact from recent TIEs cohorts

Feedback from delegates across six TIEs courses delivered between June 2025 and July 2026.



7.6 → 9.8

Understanding of trauma and trauma-informed practice increased across seven core areas

Including trauma causes, behaviour and workforce impact.



9.7 /10

The training will improve participants' ability to do their job

90% rated this 9 or 10.



9.7 /10

Likelihood of sharing the learning within their organisation

94% gave this 10 out of 10.

100% | said training met anticipated aims



I'm excited to share and deliver this content within our own organisation and others across Northumbria... **it will have a big impact on practice."**

TIEs participant



It feels overwhelming at first to think 'how am I going to change things at the organisation' - however **the trainer made it feel possible**. I will be taking forward the thinking in all of my practice

TIEs participant

100% | would recommend Rock Pool



I have so many ideas for team meetings and **improving practice in the service**, thank you."

TIEs participant



**One of the best training courses I have attended**

TIEs participant

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3 modules • 9 days of learning • Delivered over 3 months

## Module 1 | Understanding Trauma Theory and Principles

An in-depth introduction to developmental trauma and trauma that may be experienced in adulthood.

- **Prevalence and causes:** UK statistics, individual experiences and the need for a universal approach.
- **Types of trauma:** PTSD, complex trauma, developmental trauma, cultural trauma and moral trauma.
- **Behaviour and life choices:** How early trauma can influence children, young people and adults.
- **Neurobiology:** The impact of trauma on the developing brain and nervous system.
- **Recovery and resilience:** What helps mitigate trauma and build resilience.

## Module 2 | Becoming a Trauma-Informed Organisation

A practical look at how trauma-informed knowledge can influence culture, systems and practice.

- **Six principles:** Why trauma-informed principles matter and how to implement them.
- **Organisational change:** How settings can shift practice and overcome barriers.
- **Advocacy and awareness:** Promoting psychological safety and shared understanding.
- **Audits and assessment:** Using review processes to support implementation.
- **Workforce support:** Supervision, staff wellbeing and reducing vicarious trauma.

## Module 3 | The Role of the Trauma-Informed Educator

A focused module on implementation, training delivery, reflective practice and sustainable planning.

- **Training delivery:** Skills and knowledge to deliver a 2-hour Trauma Awareness session in-house.
- **Reflective practice:** Models of reflection and opportunities for consolidation.
- **Action planning:** Achievable next steps linked to the current needs of the organisation.
- **Communities of practice:** Creating spaces for peer support, best practice and sustained progress.



### Training Individuals

Join one of our scheduled online courses alongside delegates from other organisations.

From  
**£1,800 + VAT**  
per delegate



### Training Teams

Train up to 16 delegates from your organisation. Delivered online or in-room, at a time that suits you.

From  
**£1,440 + VAT**  
per delegate

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